

Breast MRI



Clive Office: 12368 Stratford Drive, Ste. 300 • Clive, IA 50325
From I-80, Exit west onto University Avenue. Turn north onto 124th Street. We are the second building on the east side of the road.

APPOINTMENT

Date/Time



Diagnostic & Preventative Imaging Center

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IowaRadiology.com

515-226-9810 IowaRadiology.com

Our Focus is Your Good Health

INTRODUCING Abbreviated Breast MRI

Iowa Radiology proudly offers Abbreviated Breast MRI (AB-MRI). Until now, Breast MRI was only available for patients at very high risk for developing breast cancer. Due to advances in breast imaging, AB-MRI provides an additional screening tool for patients with dense or extremely dense tissue. In conjunction with mammography, it is the most sensitive method to detect breast cancer.



What is the difference between High Risk Breast MRI and Abbreviated Breast MRI?

High Risk Breast MRI is indicated for women with greater than 20% lifetime risk of developing breast cancer. It is also used to determine extent of a known tumor or to evaluate treatment effectiveness. This exam generally takes 30-60 minutes to complete. Insurance will commonly cover high risk breast MRI.

Calculate your risk at <https://ibis.ikonopedia.com/>

Abbreviated Breast MRI is used as a supplemental screening tool along with mammography for women with dense or extremely dense. AB-MRI typically takes 10-15 minutes to complete. This shortened exam allows radiologists to more accurately detect early-stage breast cancers in women with dense breasts. AB-MRI is not covered by insurance.

Iowa Radiology offers this exam for \$449. Payment is due at the time of service.



How do I prepare for my Breast MRI?

For premenopausal women, this exam is scheduled 6-10 days after the first day of your period. You will need to remove any metal (all jewelry, hair clips, and bobby pins) you are wearing. You will be asked to disrobe, and we will provide you with a gown and a secure locker in which valuables can be placed. Our technologist will ensure your comfort and obtain a thorough medical history. If you have questions, our professionals are available throughout the entire procedure to put you at ease and answer those questions.

What happens during the test?

With your Abbreviated Breast or High Risk MRI, your technologist will start an IV to administer contrast. You will be asked to lie on your stomach on the exam table. The table will then slide into the scanning area. During the test, the MRI will make a rapid tapping noise as images are obtained. For your comfort, we offer earplugs or a music headset and blankets. You may resume normal activities following the MRI.

Our radiologist will analyze the images and report the results to your doctor within 2 business days. Your doctor will contact you with the results. In some cases, additional imaging may be required.